
Life Legacy Award

Lois Palmour, Girls' Dean, 1968-1970

Lois never intended to be a dean, but when her troubled marriage dissolved in the early 1960s, she needed a means of support. Her children, Frank, Candy, and Margaret were already away at academy or in college. The youngest, Mark, was still at home but nearing academy age.



In late summer of 1964, Lois was offered the girls' dean position at Mount Pisgah Academy. Her first year was challenging. However, her nurturing instincts, her love, and her heart for Jesus endeared her to the girls. Mama Palmour, as many called her, loved her work and the girls she served. Her youngest son, Mark, who was a student at MPA while she served as dean, enjoyed having her on campus and was proud of the loving work she did there.

In 1968, Lois was invited to come to Georgia-Cumberland Academy and serve as girls' dean. Paula Cummings Wade, '70, remembers her well. "Lois Palmour was the definition of a gracious lady with a heart full of faith, courage, and compassion. She had an aura of kindness and warmth that enveloped everyone around her. She prayed beautiful prayers over us. The Lord was her friend, and she encouraged us to believe and trust in God's providences." Lois Somerville, '70, said, "I remember every night before we went to sleep, she would get on the intercom and say, 'Goodnight, I love you.'" Vicki Byrd Rahn, '70, remembers Dean Palmour as a staff member who enforced the rules, but always in kindness and love. "She was the most spiritually influential faculty member at GCA for me."

After two years at GCA, Lois was invited to serve as the women's dean for Southern Missionary College's nursing program in Orlando. Some of her girls from MPA and GCA who entered the nursing program at SMC were blessed to have Lois as their role model and mentor twice. In 1972, Lois married Ed Trimmier, bringing her work as a dean to a close.

Lois Palmour Trimmier died in 2008, but her kindness, love, and spiritual influence live on in the hearts of those she served. For this reason, the class of 1970 is honored to present the Life Legacy Award to the family of Lois Palmour.